

## **SENIOR HOUSING CATEGORIES**

### **Independent Senior Housing**

- restricted to seniors 55 +
- may accept younger adults with disabilities
- no supportive services included
- not licensed by a government agency

Examples: Kennedy Towers, Plymouth Gardens, St. Jude's Apartments

### **Congregate Senior Housing**

- not licensed by a government agency
- meals included, number determined by provider
- includes kitchen for meal preparation
- housekeeping included, frequency determined by provider
- transportation provided, by appointment
- recreation and activities as determined by provider
- licensed home care agency provides all hands-on personal care and nursing services, including medication management

Examples: The Gables, Parkwood Heights, The Legacy, Maplewood Estates, Sterling House

### **Adult Care Facility**

- licensed by the State of New York
- regulated by NYS Department of Health
- supportive services included:
  - 3 meals per day
  - supervised medication management
  - housekeeping, laundry and linens
  - transportation
  - social activities and recreation
  - limited personal care services
  - 24/7 hours supervision including case management
- a special dementia unit may be included
- home care services can be arranged through a licensed home care agency and/or a Certified Home Health Agency. The CHHA can provide skilled services under Medicare in the ACF setting. Neither the Licensed Home Care Agency nor the Certified Home Health Agency can duplicate services provided by the ACF.

Examples: Atria, Clarebridge Greece and Perinton, Heather Heights, Parkside, Westside Manor, Rochester Presbyterian Home

### **Enriched Housing**

- licensed by New York State
- Regulated by NYS Department of Health
- kitchenettes allowed
- supportive services included:
  - one hot meal mandated, may include additional meals
  - housekeeping, laundry and linens
  - transportation
  - social activities and recreation
  - supervised medication management
  - limited personal care services
  - 12/7 hours of supervision required, generally 24/7 hours provided including case management
- a special dementia unit may be included
- home care services can be arranged through a licensed home care agency and/or a certified home health agency. The CHHA can provide skilled services under Medicare in an enriched housing setting. Neither the LHCA nor the CHHA can duplicate services provided by the enriched housing facility.

Examples: The Landing, Laurelwood, The Highlands